

## Save a Life September

Friday 12<sup>th</sup> September 2pm to 4pm
or
Friday 19<sup>th</sup> September 6pm to 8pm
Wick & Monknash Village Hall

The sessions cover basic First Aid skills to save a life including Primary Assessment, Airway Management, Management of Choking, Chest Compressions, Use of a Defibrillator, Recovery Position.

A Certificate will be awarded at the end of the course.

Only £2 per session to cover hire of Village Hall

Contact Judith Goldsmith 01656 530440 or 07912 185716 Email: Judithgoldsmith1354@gmail.com

Wick Fete & Social Events